



**BRIDGEPOINT**  
CENTER FOR EATING DISORDERS



We were overwhelmingly pleased with our Eating Disorder Intuitive Therapy (EDIT)<sup>™</sup> training that we received from Dr. Dorie earlier this year.

As the first residential eating disorder facility in Canada, we have spent the past 20 years delivering a holistic recovery-based model of programming. We were privileged to have the opportunity for Dr. Dorie to attend our facility to deliver the EDIT<sup>™</sup> program to our entire team of staff – a multi-disciplinary compliment of professionals, paraprofessionals and peers. Learning as a whole team allowed for such cohesive and responsive learning experience.

Our program philosophy lined up very well with Dr. Dorie's evidence-based holistic approach for the treatment of eating disorders. Dr. Dorie customized the EDIT<sup>™</sup> program to meet our program needs and was very respectful and accommodating. Due to our location, our training was broken down nicely into three components – online video instruction, video conference with Q&A, and an in-person component.

The EDIT<sup>™</sup> program was a seamless compliment to strengthen our existing program. It was evident that Dr. Dorie devoted considerable interest and invested a great deal of time learning about our program so that she could offer the best options to integrate this training directly into our program. The EDIT<sup>™</sup> Principles and Worksheets have been used by our team with ease and we have received positive feedback from our participants.

This program was an important investment to expand our program tools. It is refreshing to have such relevant training and program options that were seamlessly used in our existing programming structure. Dr. Dorie has such a positive energy and astute professionalism in her teaching approach. We would highly recommend this program to other treatment facilities and eating disorder specialists.

Sincerely,

Carla Chabot  
Executive Director  
BridgePoint Center for Eating Disorders